

Vistare Foundation Alumni Association

Annual Progress Report

Submitted to the 1st General Assembly 2020

Dear Chairperson, executive members, members, well-wishers and invited distinguished guests!

I present the association's annual progress report 2020 in this assembly hall which was carried out by executive committee of association in the recently passed year.

Mr. Chairman and distinguished persons!

It is our pride that we are conducting the important 1st general annual assembly of this association "Vistare Foundation Alumni Association " of Vistare Foundation Nepal & Asia Education Foundation former students. On this auspicious occasion, I would like to extend special thanks to all concerning bodies and person who played vital role for the fulfillment of objectives of the association, especially of Vistare Foundation-Spain, Asia Education Foundation who played most important role for our association. I also thank the advisor committee and its different bodies for their support; I thank all the staffs and the girls of the foundation for their active and energetic involvement in the activities of the association.

It's been a year since we started the Vistare Alumni Association on 25th January 2020. Due to COVID 19 fear and lockdown in the city since March 2020, it prevented us from meeting each other physically and run any effective program. Nevertheless, most of the Vistare Alumni were in touch during the lockdown and we are in regular contact with its mother organization and each other now. We know that if there is anything, we are united together to solve any problem.

On this 1st general assembly, I would like to present some important progress and activities of association in short as follows:

1. Installment of Alumni Association:

On 25th January, 2020, we established the Association with 7 executive members from among the former girls by organizing a short program.

Out of 32 former girls, 5 of them are out of Kathmandu valley and 4 are abroad. So, the 23 former girls who are in Kathmandu valley had been informed and invited to attend the program. Among them 14 girls attended it.

All the attended former girls were given authority to decide on the executives of the Association. We selected 7 executive members among us with all of our yes-votes. These are the selected portfolios of the Executive committee of the year 2020.

1. Phura Chhechi Sherpa - Vistare Alumni Association President
2. Tshering Dolma Gurung - Vistare Alumni Association Vice President
3. Anusha Tamang - Vistare Alumni Association Secretary
4. Sajina Thapa - Vistare Alumni Association Treasurer
5. Mingma Chhoti Sherpa - Vistare Alumni Association Executive Member
6. Tshering Chhoti Sherpa - Vistare Alumni Association Executive Member
7. Sajani Gurung - Vistare Alumni Association Executive Member

And all the rest of the girls are the members of the Vistare Alumni Association.

1. Shreesha Shrestha
2. Mingma Khandu Sherpa
3. Sujata G.C.
4. Rosy Karki
5. Pushpa Kala Rai
6. Meena Magar
7. Laxmi Bishwokarma
8. Maya Thapa B.K.
9. Kritika Lama
10. Aliza Sah
11. Pabitra Sapkota
12. Kala Rai
13. Deepa Karki
14. Pallabi Sah
15. Rekha Raya
16. Aakriti Sah
17. Sanjana Dahal
18. Janaki Malla
19. Bhumi Kumari Budha Chhetri
20. Dipa Khanal
21. Sisham Choudhary
22. Rojina Tondon
23. Smarika Lamsal
24. Rakshya Pandey
25. Sapana Thapa Magar
26. Puja Moktan
27. Bipana Thapa Magar
28. Mingma Lhamu Lama
29. Sapana Rai

From the Advisory Board

1. Mr. Yagya Raj Uprety – AEF Treasurer
2. Ms. Duju Uprety- AEF Board Member
3. Ms. Rohini Dhungel- Vistare Director
4. Mr. Tulsi Maharjan- Vistare English Teacher
5. Ms. Sweta Dhungel- Vistare Intern

2. Team Building Workshop:

On 15th February 2020, the 2nd month meeting of Vistare Foundation Girls' Home Alumni Association was completed effectively. All the Former Girls were invited. The team building workshop was done on the day; it was done to teach VFGH girls the importance of team work. The workshop was run by very energetic team leader Ms. Radhika Shahi - she does volunteer works under the Restless Development Organization.

3. Virtual communication regarding COVID -19 effect:

Vistare Alumni Association has been conducting meetings regularly every month since its establishment in January, 2020. It conducted its 2nd meeting in February. Its 3rd meeting was supposed to be held in March, however, on account of the outbreak of COVID-19, it was not possible. On 10th and 25th June, it conducted its first and second virtual meeting via Zoom. On 10th June, 6 board members attended the meeting. 4th Vistare Alumni Virtual

meeting, i.e. on 25th June, had been scheduled a week earlier. Out of 38 Alumni girls, 4 of them attended the meeting. The four were Phura Chhechi Sherpa, Tshering Chhoti Sherpa, Pallabi Shah and Smarika Lamsal. From Vistare Foundation Girls Home, English teacher Mr. Tulsi Maharjan and Ms. Rohini Dhungel attended the meeting. During the meeting, alumni shared the ideas and their views on how they were spending their time in the lockdown. We are doing such meetings with the hope that it will help to create an idea and develop the scenario accordingly to benefit its members. In addition, it makes alive the Vistare Alumni and its strategy.

4. Public Speaking Virtual Training:

Public Speaking and Effective Communications Training was run at Vistare Foundation Girls' Home with coordination of Suvadin Media Pvt. Ltd. It was facilitated with celebrated Trainer Sugarika KC. (MC, RJ, Media Person). It was planned for the Vistare Alumni girls but at the end only 6 alumni Phura Chhechi Sherpa, Sujata G.C. Anusha Tamang, Tshering Chhoti Lama, Pallavi Shah and Rosi Karki joined the training because of their time permits. Along with VFGH Alumni Vistare running SEE passed 3 girls Pema Mingdik Gurung, Pema Lhamu Sherpa & Rejina Thapa Magar and one girl of scholarship program Manjita Rajbhak were benefitted from the training. They said that the training was 100% practical and highly interactive. Training covered the basic aspects of public speaking viz. Speech Writing, Effective Presentation Skills, Body Language, Psychology, Fear Factor, and the Science of Communication.

5. Informal individual visits to VFGH during the year:

A number of alumni visited the VFGH on various dates in the year 2020. The alumni who visited the home are:

- i. Phura Chhechi Sherpa
- ii. Anusha Tamang
- iii. Tshering Chhoti Lama
- iv. Sajina Thapa
- v. Kala Rai
- vi. Maya Thapa
- vii. Rosy Karki

6. Survey Form Response:

We responded to the Survey conducted by our mother organization VFGH. The survey was conducted to keep the updated record of our future plans, our current status and how they may help us in future endeavors. Out of 36 former girls, 22 have responded. Their names are as follows:

- i. Anusha Tamang
- ii. Phura Chhechi Sherpa
- iii. Puspa Kala Rai
- iv. Pallavi Shah
- v. Puja Moktan
- vi. Tsering Chhoti Lama
- vii. Meena Kumari Magar

- viii. Sajani Gurung
- ix. Laxmi Bishwokarma
- x. Smarika
- xi. Sapana Rai
- xii. Bipana Thapa Magar
- xiii. Shreesha Shrestha
- xiv. Sujata G.C
- xv. Mingma chhoti Sherpa
- xvi. Rakshya Pandey
- xvii. Sapana Magar
- xviii. Rekha Raya
- xix. Rojina Tandan
- xx. Sisam Chaudhary
- xxi. Mingma lhamu lama
- xxii. Rosy Karki

7. Congratulations:

It is our pleasure to share that in the year 2020, we were poured down with some good news of our alumni members. Pabitra Sapkota began her conjugal life in July, Kala and her husband were blessed with a baby boy in August and Smarika Lamsal completed her Master's Degree of Accounting from Australia in December. We would like to congratulate them all on their achievements and we expect to hear more of such successes of all our alumni in the days to come.

8. Condolence:

We were grieved to know that Tshering Dolma Gurung - Vistare Alumni Association Vice President's father Mr. Chheten Gurung demised in the month September 2020. We extended our heartfelt condolences to Tshering and her family members.

Mr. Chairperson, dear participants! I put the annual progress report of the association in very brief to you. I hope and request you all participant members to pass this brief progress report after discussion in this prestigious assembly.

Thank You.

Report Prepared by

Rohini Dhungel

Director Asia Education Foundation

Kathmandu, Nepal

Date: - 20th February 2021

Report Presented by

Ms. Phura Chhechi Sherpa

President - Vistare
Foundation Alumni
Association