



VFGH THROUGH OUR EYES

VFGH Monthly News letter



**SLOWLY
BUT
SAFELY**

Asia Education Foundation (AEF)

**VOLUME:70
MONTH:
MARCH 2023**

Vistare Foundation Girls' Home (VFGH)

Communication Team:

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The Soul of the Vistare Foundation Visits the Project

“Having somewhere to go is home. Having someone to love is family. And having both is a blessing.” On 22nd March, 2023, Mr. Marcos Fernandez Femoselle the Founder President of Vistare Foundation Spain, Mr. Carlos Duran the soul and the creator of Vistare under Fernandez family and Mr. Alberto came to Nepal from Spain to visit the project.

Short News :

- Pema Mingdik Gurung holds the responsibility of Monitor for April 2023.
- Vistare girls appeared the Pre-board exam in April 2023.



Their visit was from 22nd to 31st March 2023. During their stay in Nepal, most of the days were fully devoted to Vistare Home project and family. Vistare Family is very blessed to see their God fathers with them after ages.



Vistare residential girls received clothes and bags from Montse Rat Corula, and golden bracelets too as gifts from Spain. The gifts represent the close bond between the Vistare girls and Vistare Foundation Spain. The girls felt more connected emotionally as they admired the gifts that they got from Fernandez family.

Vistare family extended heartiest gratitude to them for their special gifts and sweet words of affection.



113th International Women's Day at Vistare Foundation Girls' Home



Marking the very relevant theme “DigitALL: Innovation and technology for gender equality”, International Women’s Day was observed on 8th March, 2023. This year’s 113th International Women's day was celebrated at Vistare Home, too. This day marks the significance of empowering women to ensure better future for women across the globe, and is typically a day for women from all different backgrounds and cultures to bond together to fight for gender parity and women's rights.

Vistare Foundation observed the day realizing the essence of the day as it was established for uplifting the deprived girls of Nepal. The moment was spent very happily by Vistare family. The program was marked by distributing sweets to the girls to make them understand the essence of the day.



Holi—A Celebration of Sharing Joy via Colours



In the Hindu Mythology, ‘Holika’ was an evil sister of Hiranyakashipu. This Celebration of colours with the name ‘Holi’ bears its name from ‘Holika’. This day commemorates the day of end of evil. It is celebrated predominantly in Nepal and India. The people smear powders of different colours on the faces of their friends, kith and kins and everyone literally in order to boost up and spread love and good relations among all the people.

On 6th March 2023, Vistare family members also celebrated Holi with colors. It was such beautiful day with sunny weather which made them feel really excited and happy to celebrate the festival. The girls also ate special delicacies as per their wish. Furthermore, they also clicked photos with Vistare family all together and enjoyed a lot. It was so beautiful celebration which has become one of the best moments and unforgettable days with all the Vistare family. Some girls danced and this day was really wonderful one.



Girls' Outing with the Godfathers



On 23rd March, 2023 Vistare family members went out for dinner with Marcos and Carlos at the restaurant Moksh. This was really surprising moment for all the girls. On that day, they all had so much fun and happy moment with their godfathers. It was great time for all the girls to share their moment with Marcos and Carlos. Everyone was so delighted and thankful for everything that they provided the girls. Every day is a good day but March 23rd was one of the unforgettable moments for all of them. It was the moment when everyone had cheerful faces.

Similarly, on 27th March, 2023 again, they went out for dinner at the Village Cafe with all the Vistare family and three alumni girls Binita Thapa, Chhamji Sherpa, and Sisam Chaudhary also joined them.



Nga Chhoti Sherpa —Monitorship Experience

During the month of March 2023, I became the monitor of the home. As it was my first time being monitor, I had thought that I couldn't look after the things but it wasn't like that because all the sisters were co-operative with me and they followed the rules and regulations. So, it was quite easy for me to look after them. Being the monitor in the month, I got to learn many things. Like, being punctual and responsible person. In fact, I got to learn about the right and wrong situations. Not only the right and wrong situation but also how to tackle with the people. I think I have done all the duties and responsibilities properly. And I am so thankful because I have got such opportunities which have helped me to build my confidence level.



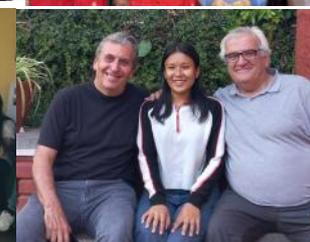
Alumni's Blog

Meet and Greet Program 2023



On 25th March 2023, there was Vistare Alumni girls' get-together with Marcos and Carlos. This day was for all the girls to meet and greet one another and also to share their experiences as this time their visit to Vistare Home was special. On this day, everyone was really happy and excited to see one another. Vistare Home also had small program programmed especially for their godfathers Marcos, and Carlos along with Alberto.

The program became very special as the girls shared their experiences before everyone including Marcos and Carlos including the Board members of Asia Education Foundation. Marcos and Carlos gave away the token of love and special gifts to Vistare family members including all the girls. Out of 44 Alumni Girls, 33 girls were present in the special program on that day. The program was loaded with entertainment sessions such as dancing, singing, and cultural performances. Everyone sat together for lunch after the program concluded. The day was fully observed and occupied with busy activities which were captured in cameras to keep the memories.



Best Speech of March 2023 'Career' - By Saraswoti Bhujel



According to the Oxford Dictionary, career is defined as the series of jobs that a person has in a particular area of work, usually involving more responsibility as time passes. Career is very important. Career defines your status in a society in addition to your lifestyle. Career also determines your social circle and relationships. In my view, it is very important to choose the correct career path. From early age, we plan to be something or the other. Some people plan to be doctor where as some people plan to become a painter and so on.

Likewise, before deciding a career, the people must consider a number of things. The right career will be the source of your happiness. Therefore, it is very important to choose the right career. A career is a life time commitment to a profession. The person who chooses better career will not face any problem in life. But, the person who chooses wrong career will have to regret for the rest of their life. They might even suffer and may never find happiness. But, on the other hand the person who chooses right career will lead a better life filled with meaning and joy.



In addition, we should always make correct decision while we choose our career. Once we choose right one, we will never have to regret while we go through the journey of life. At last, we must always remember to stay determined. So, we can easily achieve our career goal if we set our mind to it. It is important to choose the correct career in life.

Sketch - 'Breathe' - Interpretation - by Pema Mingdik Gurung



The drawing is the artistic representation of the human lungs. Lungs are the part of the respiratory system without which breathing is impossible. The drawing shows the importance of the lungs . The drawing is an extract from the movie Five Feet Apart.

The protagonists are both suffering from Cystic Fibrosis, a progressive genetic disorder that damages organs and makes patients vulnerable for infection. Because of their compromised immune systems. Patients with CF should not get closer to each other than six feet. Thus, the above drawing is a symbol of passionate hope that the people suffering from CF will one day get lungs transplantation.



Academic and Non-academic Evaluation Report - March 2023

The tables below display the outcome of the Vistare Girls' Monthly Evaluation—Academic and Non-Academic in the month of March 2023.

This month, Kamala Rai secured the top position in Academic Evaluation and Nga Chhoti Sherpa secured the top position in Non-academic Evaluation category. Vistare congratulates both the girls on their achievements and wishes other girls to achieve success the same way in the following month.

Asia Education Foundation
 Vistare Foundation Girls' Home
 Monthly Academic Evaluation Report
 All Level Girls (8)
 Month: March 2023
 Published Month: April 2023

S. No.	VFGH No.	Name	Grade	English Language Evaluation (20)	Spanish Language Evaluation (10)	Computer Typing Evaluation (20)	Total (50)	Position
1	24	Kamala Rai	Bachelor Level - II	16.2	9.0	16.0	41.20	1st
2	40	Pema Mingdik Gurung	12 - Final	16.7	9.0	14.0	39.70	2nd
3	13	Tika Rai	Bachelor Level - II	16.2	8.5	14.5	39.20	3rd
4	30	Radha Bhujel	BSc. Nursing- III	14.8	8.5	14.5	37.80	4th
5	48	Nga Chhoti Sherpa	12	14.8	9.0	13.5	37.30	5th
6	25	Sabina Rai	12	16.2	8.0	13.0	37.20	6th
7	9	Saraswoti Bhujel	12	14.8	8.5	13.5	36.80	7th
8	10	Sukumaya Tamang	Bachelor Level - I	9.0	7.5	11.5	28.00	8th



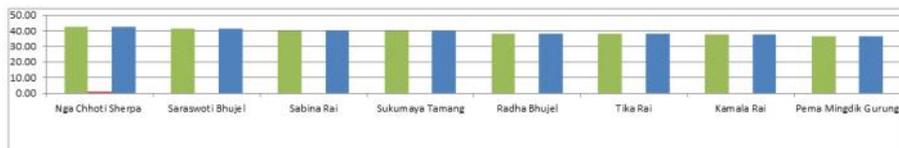
Top Girl Of Academic Evaluation - March 2023



Name: Kamala Rai
 Grade : BBS - II
 Faculty : Management

Asia Education Foundation
 Vistare Foundation Girls' Home
 Monthly Non - Academic Evaluation Report
 Month: March 2023
 Published Month: April 2023

S. No.	VFGH No.	Name	Grade	Home activities (20)	Specific Duties (20)	Discipline (10)	Total Marks (50)	Position
1	48	Nga Chhoti Sherpa	12	18.36	15.64	8.50	42.50	1st
2	9	Saraswoti Bhujel	12	16.50	16.50	8.25	41.25	2nd
3	25	Sabina Rai	12	15.50	16.50	8.00	40.00	3rd
4	10	Sukumaya Tamang	Bachelor Level - I	15.50	16.50	8.00	40.00	3rd
5	30	Radha Bhujel	BSc. Nursing- III	14.50	16.00	7.63	38.13	4th
6	13	Tika Rai	Bachelor Level - II	15.50	15.00	7.63	38.13	4th
7	24	Kamala Rai	Bachelor Level - II	15.50	14.50	7.50	37.50	5th
8	40	Pema Mingdik Gurung	12 - Final	14.50	14.50	7.25	36.25	6th



Top Girl Of Non - Academic Evaluation - March 2023



Name: Nga Chhoti Sherpa
 Grade : Grade 12
 Faculty : Management



"This is the perfume of March: rain, loam, feathers, mint." ~ Lisa Kleypas



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