



VFGH THROUGH OUR EYES

VFGH Monthly News letter



**SLOWLY
BUT
SAFELY**

Asia Education Foundation (AEF)
Vistare Foundation Girls' Home (VFGH)

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Final Goodbye to Vistare Foundation Girls' Home Sanepa

A home is where your heart is! Vistare Foundation Girls' Home set its foundation at Sanepa fairly a decade and half ago. This became an adorable shelter for a multiple scores of underprivileged girls from the rural livelihood of Nepal. Lucky as they were being picked up from the nooks of the outlying countryside of Nepal, and then, being provided with all the basic needs and a surplus amount of love, affection and many more.



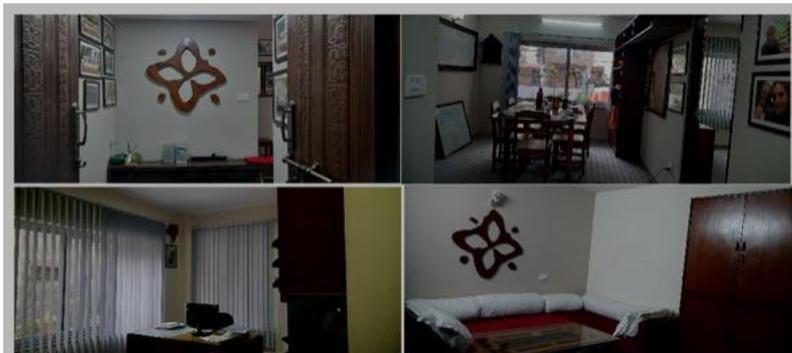
Quality education was prioritized to make them entirely qualified women in the long run. Vistare Home created the most favourable environment to these girls to bloom and flourish during its operation for ten plus years at Sanepa. Subsequently, Vistare Home was where Vistare girls' heart was. Under the supervision of the management team, the girls cared for, looked after and maintained every nook and corner of the home making it an indispensable part of their life.

Nothing is eternal in this material world. Vistare Foundation Girls' Home operated at Sanepa for considerably long time and sustained its beneficiary girls physically, mentally, socially and emotionally. The social motive of the home had almost been achieved and the goal was closer enough. Therefore, the Vistare Residential Home at Sanepa had to be vacated officially shifting the office to a new location. The beneficiary girls had been competent, loaded with skills and ready to face the world when they got released voluntarily from the home. They had been trained well enough to adapt themselves in new environment. Vistare management always takes pride in its assets, that is, the girls who stepped into the outer world to establish themselves in future.



As the Vistare Foundation Girls' Home project was closing and the office had been operated from the same location –Sanepa, the office had to be shifted to Dhumbarahi, Kathmandu on 1st August 2023 leaving the building to the owner. The Vistare management left no stone unturned to find a suitable flat to settle its office. It was not as easy as it seemed. It took considerably a long time to find one.

It is said that if you have full head and heart in what you are doing, success is ascertained. Ultimately, Vistare bid final goodbye to Sanepa home after finding a home for its office. With every essential office furniture and equipment settled well, the Vistare Foundation office began to operate from the first day of August at the new location — Dhumbarahi bidding farewell to Sanepa home.



Update on Vistare Residential Girls' Home Program

The remaining two Vistare girls, Radha Bhujel and Pema Mingdik Gurung, continue to thrive as residential students in the Vistare Residential Girls' Home program. With the successful completion of the Vistare Residential Girls' Home Sanepa project contract, these two students are now immersed in a conducive academic environment. Additionally, currently three alumni Teeka Rai, Suku Maya Tamang and Sabina Rai—who are facing genuine financial constraints— have received academic support from this organization to pursue and complete their Bachelor's level studies. This initiative underscores the organization's commitment to empowering young minds through education.



Residence for Radha Bhujel - Radha Bhujel is a fourth-year BSc. Nursing student at Manmohan Memorial Institute of Health Sciences (MMIHS). She resides in her college hostel which is situated within the college premises. The hostel's location within the college makes it highly conducive for studying; she can easily access the library for her studies after college hours. Additionally, being in the hostel allows her to enjoy warm, cooked meals on time. She also appreciates the presence of her college classmates, seniors, juniors, and teachers in close proximity, providing her with a support network for any assistance she may need.

Radha shares that, initially, she missed Vistare, but as time goes on, she is becoming more familiar and comfortable being at her college hostel.

Residence for Pema Mingdik Gurung - Pema Mingdik Gurung is a first-year BSc. Nursing student at Om Health Campus. Since OM Health Campus does not have a dedicated hostel facility, she is currently residing at the Project Director's Home on a temporary basis for three months. The Project Director's Home is conveniently located just 10 minutes walking distance. Living with a family provides her with a homely atmosphere, ensuring that she does not feel homesick and has a conducive environment for her studies.

Pema Mingdik expressed that she is enjoying the company of the Project Director's family and feels welcomed in a familial setting.



Scholarship to the Alumni



Suku Maya Tamang transferred to Salleri - Suku Maya Tamang, as a special case Vistare girls, continues to get support from Vistare Foundation for her further studies of Bachelor's in Business Studies at a college in her village Salleri in Solukhumbu district. She is a 2nd Year student. Though she has been officially released as Vistare Foundation girls from Vistare, the continued academic support is there and her hard work in her study with good result and college remarks will prove for the continuity of the scholarship to complete her graduation level study.

Teeka Rai settles in a rented room - Teeka Rai has moved to a rented room in Lalitpur after being released from Vistare officially. She is the other special case Vistare girl. Though she has started living independently, Vistare has continued to support her financially to complete her Bachelor's level studies. She is a 3rd year student of Bachelor's in Business Studies at Biswa Deep Multiple College Kathmandu. As a special case girl, her performance in the academics will make a way for Vistare to support her to complete her Bachelor's level.



Sabina Rai seeks admission in Bachelor's Level -

Sabina Rai is another special case girl at Vistare Foundation Girls' Home. She completed 10+2 in Computer Science from Oxbridge International College, Lalitpur. She is living with Kamala Rai who is also a Vistare alumnus. After her release officially, she joined B.Sc.CSIT entrance preparation classes with the financial support of Vistare. She could not make it to join B.Sc. CSIT because the score was not good enough to get admission at a public college. Private colleges could be another option, however, they are way too expensive. Instead, she is preparing for CMAT to get entry into BIM course in a college. Her academic result in this exam will open a gateway for Vistare to support her expenses in the Bachelor's level studies.

An organization is the second abode to all the personnels who are linked to it and contribute to proceed ahead smoothly. Vistare Foundation Girls' Home steered successfully along the road to making underprivileged girls of Nepal competent with the untiring effort of its staff. More than a decade of the unconditional effort of the staff was recognized eventually.

As the Vistare Foundation Girls' Home Project was closing, the staff were in the process of being released officially. As a part of staff release and recognition of their contribution, Vistare Foundation honored its exceptional staff for their remarkable contribution in completing the Vistare Foundation Girls' Home project. The dedication and tireless efforts of the team undoubtedly created a haven for the young beneficiary girls. The significance of this accomplishment was further amplified as gratuity was graciously extended to the project staff, in the esteemed presence of the Board Members of Asia Education Foundation. This collaborative effort is a shining example of empowerment and support.



Vistare Foundation Girls' Home project during its operation comprised of Ms. Rohini Dhungel who was one of the key persons in establishing, running and leading this organization. She contributed her full time and devotion in the position of Director from 11th June 2008 to 31st July 2023. In fact, Vistare Home ran in full fledged manner in her leadership. Likewise, another influential person looking after the academic part of the home was Mr. Tulsi B Maharjan who mentored the Vistare girls in terms of English Language and their academics. He was appointed as parttime English teacher and Academic In-charge in the organization on 11th June 2014 and continued his service till the closing of the Vistare Home project on 31st July 2023.



Three House Keeping In-charges Mrs. Laxmi Rajbahak, Asha Shrestha and Usha Oli were appointed on 1st January 2008, 1st August 2010 and 1st August 2011 respectively. They carried out their duty of maintaining the kitchen, garden, guiding the girls in terms of house keeping etc. without any flaw. The entire house remained spic and span under their guidance. A parttime driver—Mr. Devendra Tamang—also became an important person in the home. He served from 1st July 2019 to 31st July 2023. He proved to be a capable vehicle handler during his service time. Vistare appreciates the untiring service of all its staff.

Farewell and Expression of Appreciation to the Next-door People of Vistare Home Sanepa



During the operation of Vistare Foundation Girls' Home project at Sanepa, the neighborhood of the Vistare residence were extremely cooperative. They seemed quite aware about Vistare home carrying out its day-to-day functions. They had always created a very supportive environment in the vicinity of Sanepa for the organization to function well.

On account of that, Vistare foundation bid a final farewell and expressed its appreciation to the special people in the neighborhood by offering them an appreciative token of love in writing which was titled 'Heartfelt Appreciation'.

Asia education foundation 1st August 2023

Heartfelt Appreciation

We would like to formally and sincerely express our gratitude for your cooperation and selfless help to this organization Asia Education Foundation- Vistare Foundation Girls' Home in making its purpose meet the goal. As an honourable wellwisher, we believe that you lent a helping hand to achieve the social motive of this organization - making the underprivileged girls socially, emotionally, physically, cognitively empowered. During the last 13 years, we discerned enormous help from you.

We appreciate it wholeheartedly.

Having come to the concluding stage of this organization, we would like to share that the success of the project is a testament to your support. It will always remain in our heart and memories.

With Sincere Thanks
Vistare Foundation Girls' Home
Asia Education Foundation
Sanepa-2, Lalitpur

Donation of Goods of Vistare Foundation Girls' Home

Vistare Foundation Girls' Home Project came to conclusion officially on 30th July 2023. It has achieved its marked goal of fostering the young underprivileged girls of Nepal. Scores of girls benefitted from this project and the success stories are overwhelmingly numerous. The office, however, has been shifted to Dhumbarahi, Kathmandu and is operating from there.



Before the office shifting job was carried out, the goods and stuff that lay in the Sanepa home had to be managed. Most of the goods and stuffs in the Sanepa home were in perfectly usable condition. They could be of great use to other people.



Bearing that in mind, Vistare management decided to donate those to the people who wanted to re-use those stuffs. Obviously, the first priority was given to the product of Vistare home itself, that is, the Vistare Foundation alumni. After that, the staff of Vistare were placed in the second priority. Then other organizations were in the third place. Stuffs such as novels, study table, computer tables, plastic tables, mattress, quilts, blankets, pillows, photo frames, momo utensils, Vistare cup were handed over to alumni of Vistare.

The staff also sought charity in terms of usable stuffs from the Vistare home. Vistare handed a few goods to the staff as well. Quilts, pillows, blankets, dining table, kitchen cutting table, computer monitor and table were donated to the staff who had asked for. Likewise, a few of social service organizations had requested for charity to their organization. Vistare Foundation handed over the requested goods to those organizations.



The organizations such as New Sadle (SADLE) – Leprosy survivor old age home near Kapan Gumba, Karunamaya Foundation at Makaising, Gorkha working for Chepang Community students, Fresh Nepal – an orphanage home located at Lalitpur and Sankalpa Foundation located at Lubhu, Lalitpur are the organizations which received a number of goods as donation from Vistare Foundation Girls' Home.

A Joyous Moment of Reunion at Vistare

On September 16 2023, Vistare Home celebrated the Teej Dar Program inviting all alumni girls. 23 alumni girls and 2 former staff attended, and it was a joyful occasion. It marked the first reunion at the new location of Vistare office, that is, at Dhumbrahi, Kathmandu. After the completion of the Vistare Foundation Girls' Home Project which had operated at Sanepa– 2 Lalitpur for more than a decade, the Vistare office had been shifted to the new location.



The Teej Dar program was intriguing as it coincided with the Teej Dar celebration, recognizing Vistare Foundation's collaboration with the Asia Education Foundation in a new location. Although it was a new atmosphere for all the girls, they quickly became familiar with the surroundings. The event provided an opportunity for the girls to chat, learn about each other's lives, and foster connections. A delightful lunch box was enjoyed by all Vistare members, and the program continued with various activities.

The participants had a great time capturing moments with camera and relishing each other's company. The reconnection vibe among former girls and the Vistare family was truly mesmerizing.

Vistare Pet Dog Jambo Demises

One of the two loyal pets of Vistare Foundation Girls' Home, 'Jambo', left this world forever in August. It was required to shift Vistare office to new location, consequently, Jambo had been shifted to a kennel club on 30th August 2023.

The kennel club had taken the responsibility of taking care of it from that day onward. Jambo and its mate Carbo had been precious members of Vistare family for more than a decade. They had been brought to the home when they were very young. From the very first day, the two pets had been well treated and in return, they had guarded the home unconditionally.



Sadly, Carbo had left Jambo and Vistare family a few years back. Jambo had carried on with its unconditional guarding of the home all alone since then before demising. Vistare family prayed for peace of their departed souls. They will remain in everyone's heart and memories forever.



NEB Grade 12 Results - Vistare Home Academic Achievements

On September 2 2023, the result of board exam of grade 12 was published by the National Education Board (NEB). This year, three girls from Vistare Home—Saraswati Bhujel, Sabina Rai, and Nga Chhoti Sherpa—had sat for the Grade 12 final exam. All three girls achieved an overall GPA of B+. Sabina Rai secured a GPA of 3.31, while Nga Chhoti Sherpa and Saraswati Bhujel both attained a GPA of 3.32 each.

Farewell to Higher Secondary Graduates from Vistare Foundation Girls' Home

On 2nd September 2023, Oxbridge International College organized a farewell program to its higher secondary graduates. Three of Vistare girls, namely Saraswati Bhujel, Sabina Rai and Nga Chhoti Sherpa, attended the college for two years. The three girls successfully completed their Grade 12 from the college.



Although Saraswati Bhujel was unable to attend the farewell program due to her presence in Solukhumbu with her family during that time, Sabina Rai and Nga Chhoti Sherpa attended the event. The college honored them with tokens of love and certificates. Notably, Nga Chhoti Sherpa was also recognized with the Best Outfit award during the farewell event. The occasion also served as a poignant farewell to these graduates.



A large number of children in Nepal are still deprived of basic rights. The economic condition of Nepalese is the root cause of this. Nepal marks Children's Day on Bhadra 29th (15th September, 2023), ensuring the protection of child rights. In the post-COVID era, the focus extends to transformed parenting and safeguarding children's interests.



Vistare Foundation's key motive lies in keeping the child right intact, while at the same time, ensuring their bright future backing them in all the aspects for their holistic growth. Parents are called upon to reflect on their relationships with their children and adapt to changing circumstances.

As it is celebrated, it remains crucial to acknowledge that the children are the future, deserving of love, affection, and a nurturing upbringing. Within the seemingly ordinary behaviors of children lie the potential for both vicious and demonic actions. Perhaps, nature has designed us humans to encompass this spectrum of experiences.

Social Work Day 2023

Vistare Foundation Nepal has been actively involved in social work since October 2007 with the motto 'Walk Slowly and Slowly (Vistare, Vistare) and Reach Safely.' Every act at Vistare is dedicated to social work and education sector. Consequently, Vistare Foundation recently achieved a significant milestone with the successful completion of the Vistare Foundation Girls' Home Project, marked by multiple compelling success stories. While Vistare cannot assist everyone, it is making a meaningful contribution by supporting a substantial number of students, thus fostering the development of well-educated citizens for Nepal.



Nepal observes a particular day for igniting the motive of social service in Nepalese. The designated day for this is the 6th of Asoj (23rd September). On this day, Nepalese individuals celebrate in their unique ways. The Social Welfare Council also commemorates the occasion with various programs and an award distribution ceremony in Nepal.

World Tourism Day 2023



The World Tourism Day is observed on 27th September throughout the world. This day highlights the significance of tourism in fostering cultural exchange, economic growth and sustainable development. The day encourages people worldwide to explore the beauty and diversity of our planet while recognizing the responsibilities that come with it. Vistare Foundation Girls' Home wished everyone Happy World Tourism Day on 27th September 2023.

Photo to Admire



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