



VISTARE FOUNDATION NEPAL THROUGH OUR EYES



VFN Monthly News letter

SLOWLY BUT SAFELY

Asia Education Foundation (AEF)

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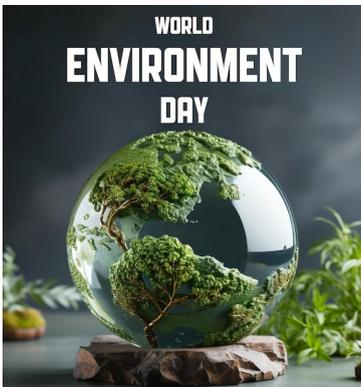
Vistare Foundation Nepal (VFN)

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World Environment Day

With the theme 'Land Restoration, Desertification and Drought Resilience', World Environment Day was observed on 5th June this year all around the world. This is the day that marks the importance of environment which is the basis of existence of the creatures in this world. This day is specially observed to raise awareness on environmental issues as marine pollution, overpopulation, global warming, sustainable development and wildlife crime. Smallest step to raise awareness can make a huge impact on environment conservation. As superior creatures among all, it is our responsibility to sustain all the aspects of environment for generations to come and forever.



Asia Education Foundation thinks that environmental aspects are the most crucial aspects for carrying out the activities of its projects. From the beginning of its establishment, it has always marked this day as a noteworthy day. The social motive that it has carried along for years are explicitly linked to the environment. In fact, there is nothing in this world which is not a product of environment. It has always taught its beneficiary girls the value of education and why it must be conserved. It has conducted various programs such as sanitation and awareness programs over the past several years.



Therefore, Asia Education Foundation observed this day as one of the most important days this year by raising awareness among the alumni virtually and informally trying to emphasise the reason why environment is of great value to all the creatures of this world.

Radha Bhujel Succeeds in Nursing Final and License Exams

Success is inevitable with determination and perseverance. Radha Bhujel succeeds in two exams this year.

This success story is one of the remarkable success stories for Vistare Foundation. There are numerous success stories to take pride on for Vistare Foundation. The motto of Vistare 'Slowly but Safely' carries a significance because it takes its beneficiaries towards the destination slowly but safely. Hence, this success story of Radha is a milestone in the journey of Vistare's divine motive of educating the needy and underprivileged girls of Nepal.

Radha Bhujel is one of the beneficiaries of Vistare Scholarship Program. She has successfully completed her B.Sc. Nursing Course this year. She took her final exam of the 4th year this year and the result was published in June 2024. The result declared her as a B.Sc. Nursing graduate. She, after about a month, sat for Nursing license exam on 29th June, 2024. This exam is mandatory for all the nursing graduates to be registered as a nurse. She passed the exam and has been licensed as a registered nurse. She is eligible to work as a nurse now. Vistare management congratulated her for her achievement.



Vistare believes that she will definitely make further achievements in the day to come. She has also been released from her college hostel as her academic course is over. She is happily back to her family. She is staying with her mother and her sister at Sanepa, Lalitpur.



Sabina Rai is a Vistare Alumnus. She was endowed with quality education and ample opportunities of unleashing her holistic competencies in terms of academics, co-curricular activities, extra curricular activities and many other as Vistare girl. She exhibited her level best in whatever she did, not only at home but also outside the home during her stay at Vistare Foundation Girls' Home, Sanepa. Currently, she is a bona fide student at College of Applied Business and Technology in Kathmandu. She is a student of Bachelor's Degree in Information Management (BIM). Her academic expenses are covered by Asia Education Foundation under Vistare Scholarship Program.

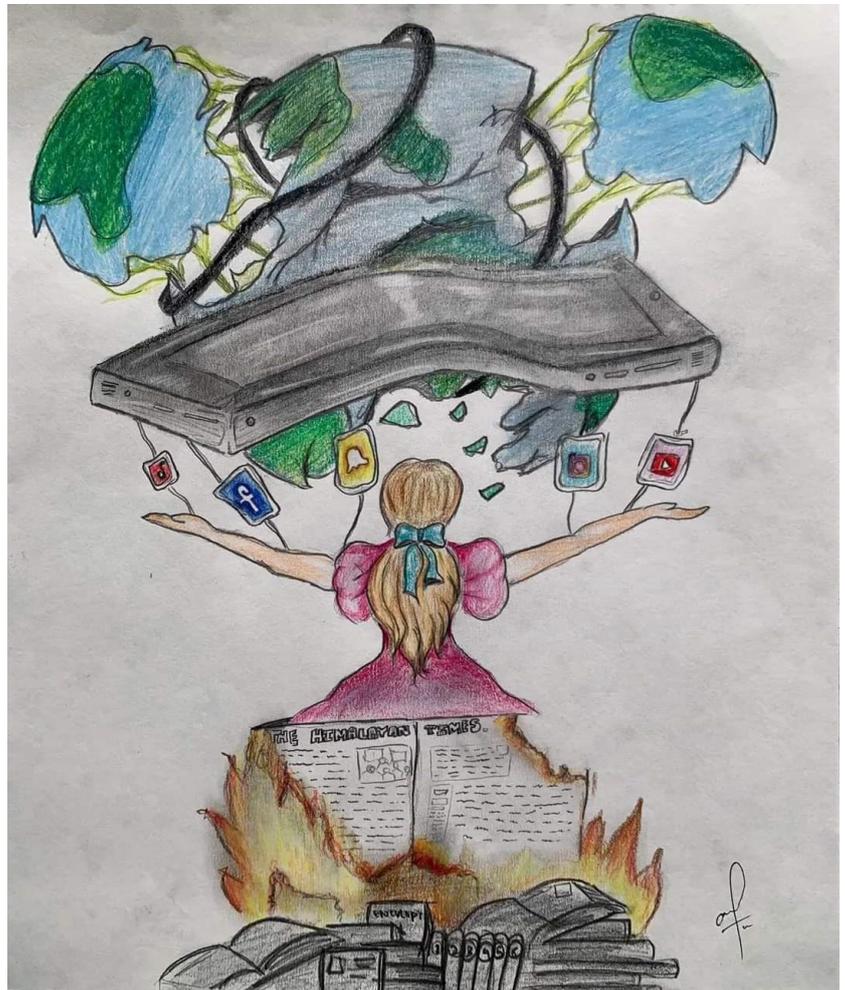
Recently, her college organized various competitions among their students to give them platforms to demonstrate their inner aptitudes in different sectors. Sabina Rai didn't allow herself to miss this chance. She took part in Art competition and ad-making competition. She secured the Second and Fourth positions respectively.

Here is what she shares about her experience:

My college, the College of Applied Business and Technology, held a program called Brain Bowl. In this event, students from all semesters and departments participated in various academic activities over several days. I joined the art competition, which had a theme, and an ad-making event. This experience helped me improve my skills.

My art is based on the theme of social life and its impacts. This artwork portrays a girl standing with her back to the viewer, connected to various social media platforms through wires. These platforms include Facebook, Instagram, and YouTube represented by their logos. The wires are coming from a large device above her, which symbolize the source of these connections.

The background shows the Earth, depicted as broken and cracked, indicating the negative impact that technology and social media are imposing on the world. This suggests that the influence of these digital platforms is so strong that it is causing harm to the planet. Below the girl, there is a newspaper labeled "The Himalayan Times" engulfed in flames. This burning newspaper represents traditional media being overshadowed or even destroyed by the rise of digital media. The fire symbolizes the decline of old forms of communication as they are replaced by new, digital ones. Books and physical papers are also shown at the bottom of the image, further emphasizing the desolation of traditional media and knowledge sources in the face of the digital age. The overall message of the artwork is on how technology and social media have taken over our lives, influencing our daily activities and having a profound impact on both individuals and society as a whole.



In this activity, we had to post a picture of our artwork on Facebook. The winner was decided based on the number of likes each post received. The art with the highest number of likes was declared the winner. I was able to get second position with all the love and support that I got from Vistare family, my friends and all around me that appreciated my art. Similarly, in the ad-making activity, we were tasked with creating an advertisement for a product but weren't allowed to use the actual name of the product. To get around this, we used "Lola-ola" instead of "Coca-Cola." This task was a lot of fun and helped me bond with my classmates as we worked together as a team. Through this experience, I gained valuable insights into how advertisements are created, including the visual design and editing processes. Our team worked hard and managed to secure the fourth position in the competition. Even though we didn't receive any points for coming in fourth, our efforts were recognized and appreciated by many teachers and seniors. They praised our work and acknowledged the great job we did, especially considering it was our first year participating in the Brain Bowl. This encouragement and recognition made the experience even more rewarding, and it was a fantastic learning opportunity for all of us.

Vistare Alumni Association was established in 2020 with the motive of uniting the Vistare released girls keeping the bond between Vistare alumni and Vistare Management intact forever. Vistare Alumni Association has already conducted a number of meetings since its establishment. They have also planned to carry out a few programs with social cause. They will definitely come out with such programs in future.



Vistare Alumni organized a get-together on 29th June 2024 to carry on its scheduled meeting. Nine alumni contributed their precious time on the day gathering at Jagdol Park in Gokarneshwor Municipality, Kathmandu. Vistare management, as patron and advisors, also joined the get-together in which a dry-picnic was organized. The participants enjoyed the dry foods as a part of get-together. This date was specifically chosen because according to the Nepali calendar, it is the day marked as Dahi Chiura Khane Din, i.e., the day on which all the Nepalese eat curd and beaten rice. (15th Asar 2081 BS).



During and after the dry picnic, the participants captured the moments in their smart phones to keep the memory safe. They went round the park to refresh themselves taking the spectacular view of Kathmandu valley from there. Jagdol park was flooded with people on the day. This park is at an altitude of 1372 meters from the sea level. This elevation is just enough to have a splendid view of Kathmandu valley.



The nine alumni who participated were Phura Chhehi Sherpa, Sabina Rai, Kamala Rai, Radha Bhujel, Binita Thapa, Rejina Thapa Magar, Pema Mingdik Gurung, Pema Yangji Sherpa and Chhamji Sherpa. This get-together was a meet-and-greet program to refresh the bond among the alumni as well as Vistare management.



Alumni Spotlight: Their Feelings towards Vistare Home



Sanjana Dahal (VFGH release no. 01/2012)

I was very young when I got the privilege of being a Vistare girl. There were many girls like me there. It was an opportunity of a lifetime for me. I got to experience the love and affection of every one who cared for me at Vistare. Because of my family circumstances, I grabbed the privilege of Vistare for a few years only. During my short time stay at Vistare, the moment spent and the education I got are incomparable to anything else. I could have done far better in my life if I had stayed longer.



Shreesh Shrestha
(VFGH release no. 02/2012)

Before enrolling into Vistare home, I was one shy girl. But being at Vistare brought a good change in my personality and made me into who I am today. Being at Vistare, I learnt to value and be thankful for even small things in life.

I will be lifelong thankful for the opportunity I got because of the foundation. It brought the best out of me and I am proud to say that Vistare is also a big part for making who I am today.

Heartfelt Tribute!

We are saddened to know that **Mrs. Ganesh Maya Shrestha** demised untimely and unexpectedly.

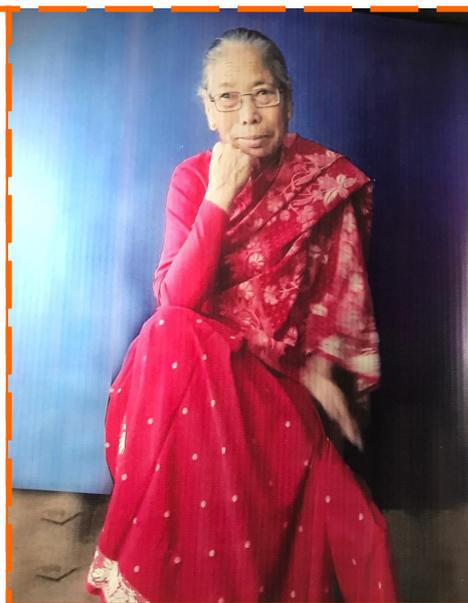
She was the beloved mother of Mrs. Laxmi Rajbahak who has been contributing this organization as an employee from the very beginning of its establishment.

Loss of close ones and beloved ones is undoubtedly a loss of valuable person from one's life. When a mother departs, it is like a world of love departing.

We would like to extend our heartfelt condolences to the bereaved family of the departed soul. We pray to the Almighty to provide her family strength to endure this loss.

May the departed soul rest in peace in the Divine Abode.

The Entire Asia Education Foundation Family
Dhumbarahi-4, Kathmandu



Late Mrs. Ganesh Maya Shrestha
6 February 1948 AD—17 June 2024 AD

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