



SLOWLY BUT SAFELY

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Vistare Foundation Nepal (VFN)

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'Meet and Greet' Program

Christmas Day

At the advent of the new year according to the Gregorian Calendar, Christmas brings immense joy, hope, and anticipation among its followers worldwide. Christmas Day marks the birth of Jesus Christ, symbolizing love, peace, and goodwill. It is a time for families to gather, exchange gifts, and celebrate the spirit of togetherness and harmony.



Vistare Foundation observes this day with its alumni organizing get-together at its office a few days prior to the actual day—25 December. The get-together day is managed on a day that is convenient to all so that every one would gather. This year, 21 December was the day on which the alumni were invited to Vistare office at Dhumbarahi, Kathmandu. The alumni gathered at the office and expressed their joy of meeting one another.

The 'meet and greet' program became a wonderful opportunity for Vistare Management and Alumni to take pleasure in sharing feelings and excitement with one another. It created a platform to strengthen bonds, reminisce about cherished memories, and celebrate collective achievements. The event fostered a spirit of camaraderie, mutual respect, and gratitude, enriching relationships and inspiring a shared vision for the future.



Post Teej Pre-Dashain

On 5 October, the Vistare Alumni were invited to gather at the Vistare office to mark the festive seasons. After celebrating the pious festival of Hindu women, 'Teej,' and before the greatest festival, 'Dashain,' the gathering brought warmth and joy. It provided an opportunity for alumni to reconnect, share stories, and strengthen their bond in a festive and joyful atmosphere.

This gathering was a continuity of the girls' bond with its mother organization. They rejoiced with one another at the gathering, attempting to observe the festive season. The girls wished Happy Dashain to one another on the very day.

Deepawali Celebration

On 31 October, it was Laxmi Puja Day or Deepawali. Vistare office hosted a joyful Alumni gathering at its office in Dhumbarahi. On this auspicious occasion, the alumni continued the rich tradition of Vistare. They celebrated being together. The girls made the moment memorable. They made Rangoli in the front yard of the office. Later, they illuminated the office premises with lights and performed the auspicious 'Laxmi Puja' which is the key ritual of the day worshipping the goddess of wealth 'Laxmi'. The moments were captured in cameras.



October and November are the months of the festive season in Nepal, with a number of major festivals taking place during these two months. The autumn weather, signaling the approaching winter, brings a joyful atmosphere. This is a time when people start thinking about merrymaking, and they take a break from their busy lives. The entire country prepares to momentarily pause from the rush of routine activities.

Dashain, Tihar, and Chhath are the most significant festivals for Nepali people. Dashain marks the auspicious occasion of victory over evil and is the longest festival observed in Nepal, lasting for 15 days. During this time, many Nepalese get a vacation. Tihar, celebrated to strengthen the bond between brothers and sisters, is another important festival that lasts for 5 days. Chhath, a festival that honors the grandeur of nature, especially the Sun, is observed over three days. These festivals occur back to back at interval of about 10 days.



Vijaya Dashami Celebrations

The tenth day of Dashain is Vijaya Dashami. On this day, Nepalese people visit the homes of their relatives to receive Teeka—a special mixture of vermilion powder, water, and rice grains applied to the forehead—and seek blessings from their elders.



This year, Dashain began on October 3rd. On October 12th Vijaya Dashami Day, the tenth day of the festival, a group of Vistare alumni visited the Project Director's home in Chabahil to receive Dashain Teeka and blessings from her and her family.

Since the establishment of Vistare Home, most girls traditionally take a Dashain vacation to visit their families in their hometowns. However, this year, some girls were unable to make the journey due to the considerable distance to their hometowns and transportation challenges. As a result, they chose to visit the Project Director's home to receive Teeka and blessings.

When the Vistare Foundation Girls' Home was in operation, the girls who were unable not go to their hometowns during Dashain would visit the Director's home and celebrate the festival with her family. It is a matter of pride that the alumni have continued this tradition. This practice allows them to share the festive spirit, even when they are unable to be with their own families during this special time.

Deepawali (Tihar) Celebration

Tihar is a five-day festival that holds unique significance, celebrating various aspects of human life. Each day honors different beings and elements: the crow, a messenger; the dog, the companion of the god of death, Yama; the cow, the embodiment of Goddess Laxmi; Goddess Laxmi herself, the goddess of wealth and prosperity; and the cherished bond between brothers and sisters.



On Deepawali Day also known as Laxmi Puja Day, few of the alumni girls gathered at Dhumbarahi office to continue the tradition of worshipping the goddess of wealth. They performed a religious ritual of worshipping the goddess Laxmi in the office. They also lit oil fed lamps to illuminate the front yard and the insides of the office. This ritual is performed in Hinduism thinking that the goddess will bestow a lot of wealth and prosperity to the worshipper.

Bhai Teeka Celebration



On 3rd November 2024, ten joyful Vistare alumni came together with immense happiness at the home of the Project Director, where an overwhelming sense of love and gratitude filled the atmosphere. With genuine affection, they shared heartfelt blessings and participated in the cherished tradition of Bhai Tika with Roshan, Ronash and Shaishab. In this meaningful ceremony, they welcomed Ronash not only as a friend but as a dear brother.

This beautiful and lasting tradition has woven a strong, unbreakable thread into the fabric of their bond, deepening the ties of sisterhood at the core of Vistare Foundation.

Bhumi G.C. (VFGH release no. 07/2013)

Vistare Foundation is one great home for the people who have not got opportunities of quality education. I became one of such people who got a great opportunity to do higher studies.

I am satisfied with the facilities, education, and opportunities given to the beneficiary girls at Vistare. A good thing about Vistare is that it gives responsibility to each girl which helps them to realize that they are responsible people. There are a few drawbacks of Vistare; they are outnumbered by the good aspects. In my opinion, it should also give opportunity for the working people.

I completed my 12th standard and got qualification only because of good education and environment provided by Vistare. I would like to thank Vistare very much for building my confidence and providing me such environment.



Kritika Lama (VFGH release no. 08/2015)

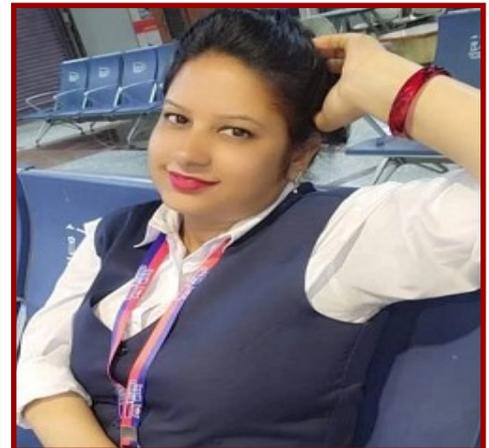
I love my second home Vistare. I'm getting everything my mother couldn't provide for me. I love the fact that I always have support from my friends and elders in whatever I do. The Spanish language classes, computer skills and much other extra knowledge that I get from here are an icing to my life. Sometimes I do miss my family and get lonely but then the Good Saturday celebrations come along and I forget all my loneliness.

Vistare has provided me with things I always wished to have and never dreamt of. The day I was chosen to be a Vistare Girl, I knew that I was meant to do something, and I promise to spread the goodness of Vistare to every corner and to every underprivileged girl in this world.

Pabitra Sapkota (VFGH release no. 09/2015)

I came to Vistare seeking a quality education and a broader understanding of the world, aiming to become capable of pursuing a good profession. Vistare not only provided me with food, education, clothes, and computer training but also countless opportunities and resources I had never imagined having access to. I am deeply grateful for the unwavering support and care I received.

The supporters at Vistare treated me like their own daughter, creating an environment filled with love and encouragement. This kindness has motivated me to work diligently and make everyone proud. I extend my heartfelt thanks to the Vistare team for shaping my life and giving me hope for a brighter future.



Aliza Shah (VFGH release no. 10/2015)

The best thing I like about Vistare is that I got to learn so many things. So many subjects and topics that I didn't know existed are a part of my knowledge now. Now, I am a wise and smart woman. Vistare provided me with a wide network of wisdom. I was provided with good education, and one of the most important subjects- computer technology. I was a part of the communication team and so I know how to communicate with people around the world. I also gained extra knowledge like gardening, cooking, handicrafts, Spanish classes, home activities and most importantly to be a disciplined woman. I wish, though, we had more freedom of using our cell phones because it was only on Saturdays that we were allowed to contact our families. Keeping in mind all the positives as well as the negatives of living here, I am proud to say that I am a fighter and can compete with any hardships in this world. Thank you Vistare.

I am extremely happy to have been a part of Vistare family. I want to thank Vistare team for giving me so many facilities and a scope to grow bigger and brighter everyday and I never ever will forget what Vistare did for me. Love you all very much. Thank you.

Radha Bhujel has begun her professional life after she successfully completed B.Sc. Nursing Course from Man Mohan Memorial Institute of Health Sciences. She took Nursing Licensing exam and successfully passed it. After that she is licensed to work as a nurse.

She has commenced her profession as a nurse and is now completely independent. Vistare family takes this as a success story of their alumni. Vistare wished her good luck in the days to come for her further success in academics as well as career.



Kami Rita Sherpa Moves to Austria

A 10+2 Hotel Management graduate from Oxbridge International College, Kami Rita Sherpa was a beneficiary of Vistare Foundation Girls' Home. Her stay of 11 years at Vistare Home from 2010 to 2021 proved to be a worthy stay. She was equipped with all the necessary professional skills, academic skills and life skills at Vistare Home.

She has been employed to Bergkristall Hütte at A-9020 Klagenfurt in Austria. She has the responsibility of Hospitality Assistant in the hotel. Vistare family is pleased to hear about Kami Rita's career. It is hoped that she will do her best in her profession.

Nga Chhoti Sherpa Heads to Cyprus

Nga Chhoti Sherpa was one of the beneficiaries of Vistare Foundation Girls' Home program. She was enrolled into Vistare in 2011 and was voluntarily released in 2023. She completed her higher secondary level education under full support of Vistare Foundation. She graduated 10+2 in Computer Management from Oxbridge International College, Lalitpur. During her stay at Vistare, she proved herself to be a hard working girl.

Recently, she headed to Cyprus in pursuit of employment there. Having been a 10+2 graduate in Computer Management, she is expected to pursue a good professional career there. Vistare family wished her all the best for her future.



Photo To Admire

In 2010, we began a journey of change, planting seeds of hope to empower young minds. Together, we nurtured dreams and set them on a path to achieve a brighter future beyond limits.



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