



VISTARE FOUNDATION NEPAL THROUGH OUR EYES



VFN Monthly News Letter

**SLOWLY
BUT
SAFELY**

Asia Education Foundation (AEF)

Vistare Foundation Nepal (VFN)

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Alumni Reunite to Welcome the New Year 2026 at Vistare Office

The New Year 2026 ushered in fresh hopes and resolutions, and for Vistare alumni, it was the perfect occasion to reconnect. A warm gathering took place at the Vistare Office in Dhumbarahi, where alumni came together to celebrate, exchange greetings, and set intentions for the year ahead.



Among those present were Radha Bhujel, Chhamji Sherpa, Mingma Lhamu Lama, Pema Mingdik Gurung, Rosi Karki, Phura Chhechi Sherpa, and Sabina Rai, who shared heartfelt New Year wishes with each other and with the Vistare administration. The alumni fondly reminisced about their time at Vistare Home, reflecting on memories that shaped their journeys, and reaffirmed their commitment to personal and professional growth in 2026.

Joyous moments were captured in photographs, keeping alive the cherished Vistare tradition of coming together on special occasions. The reunion not only strengthened bonds among alumni but also celebrated the enduring spirit of the Vistare family.

Empowering Girls, Empowering Futures

On the occasion of International Women's Day 2026, Vistare celebrates its ongoing commitment to supporting the girl child in becoming confident, independent, and successful women. Through education, care, and opportunity, many of the girls Vistare has supported have grown into inspiring individuals who are now shaping their own futures.

Their journeys reflect resilience, determination, and the power of investing in girls' education. Vistare remains dedicated to continuing this mission—creating pathways for girls today to become the empowered women of tomorrow who uplift their families and communities.



Sabina Rai Achieves Academic Milestone

Sabina Rai, a 5th Semester BIM student at the College of Applied Business and Technology (TU-affiliated), has successfully completed her 4th Semester, with results published on 27 March 2026 after the December 2025 Tribhuvan University board exams. Her achievement reflects her dedication, discipline, and consistent effort throughout her academic journey. Alongside her studies, she continues to build practical skills and maintain a strong learning mindset. The Vistare family congratulates her and wishes her continued success in the remaining semesters of her program.

"Success is not just measured by results, but by the dedication, discipline, and perseverance shown along the journey—Sabina Rai's achievement is a true reflection of all three."



Celebrating Unity and Legacy: VFGH Alumni Association Marks 6th Anniversary

The Vistare Foundation Girls' Home Program, which provided shelter, care, and education to 52 girls from across Nepal, successfully concluded in 2023. Since then, all beneficiaries have transitioned into alumni, continuing their journeys beyond Vistare. Among them, five girls remained under the Vistare Scholarship Program, of whom two have now become fully independent, while three continue to receive ongoing support as they pursue their education and career goals.

With a vision to keep this strong bond alive, the Vistare Foundation Girls' Home Alumni Association (VFGH-AA) was established on January 25, 2020. The association is led by an executive board of eleven members from among the alumni, supported by Vistare Administration in an advisory role, while the remaining alumni serve as general members. Since its establishment, the association has played a vital role in reconnecting alumni, fostering a sense of belonging, and organizing meaningful gatherings and activities that reflect the shared values and experiences of the Vistare family.



In 2026, the 6th anniversary of VFGH-AA was celebrated on January 5, coinciding with the birth anniversary of Mr. Marcos Fernandez Feroselle, the founder of Vistare Foundation (Fundación Vistare). The occasion brought together alumni, executive members, and distinguished guests, including Vistare Alumni President Phura Chhechi Sherpa, Vice President Kamala Rai, and Secretary Sabina Rai.



The gathering was both a celebration of the association's journey and a tribute to the vision and dedication of its founder. A brief but heartfelt program was organized to commemorate the anniversary and extend warm birthday wishes to Mr. Marcos Fernandez Feroselle. Filled with joy, gratitude, and togetherness, the event reflected the enduring spirit of Vistare, as alumni and the Vistare family came together once again to celebrate their shared legacy.

Dr. Rafael Ferrer Visits Vistare and Praises Its Impact



Vistare Office had the privilege of welcoming Dr. Rafael Ferrer, a public health doctor from Spain and a close associate of Marcos Feroselle, founder of Vistare Foundation. He was warmly received at the Dhumbarahi office by the Vistare team and several alumni.

During his visit, Dr. Ferrer showed interest in Vistare's programs and ongoing initiatives. He expressed appreciation for the organization's impactful work in empowering and educating underprivileged young women in Nepal, commending its dedication and vision.

A Mother's Gratitude: Pema's Journey Continues

Kathmandu, January 2026 — During her stay in Kathmandu for medical treatment, Pema Mingdik Gurung's mother visited the Vistare Office in Dhumbarahi and expressed heartfelt gratitude for the organization's support in shaping her daughter's future.

Pema, who joined Vistare in 2013 at the age of ten, is currently pursuing her third year of a B.Sc. Nursing degree at Om Health Campus, Chabahil under the Vistare Scholarship Program. Vistare remains committed to supporting her until she completes her education and becomes self-reliant.

Her mother is expected to remain in Kathmandu for a short period before returning to Dolpo.



Phura Chhechi Sherpa, who was a beneficiary of Vistare Foundation Girls' Home program, and held the position of the President of VFGH Alumni Association (VFGH—AA) for 6 years from its establishment to the 6th anniversary (2020 to 2026), has headed to the United Kingdom to pursue her university level studies in January this year. Phura had been a bona fide beneficiary of Vistare Foundation since 2010. During her stay of around 9 years at Vistare Home, she had proved herself to be an enthusiastic and promising learner.



After official voluntary release from Vistare Home in 2019, she was unanimously chosen the First President of VFGH Alumni Association. She continued to hold the position for six years. During her presidency of six years, she contributed her time and effort to conduct various activities and programs under the guidance of Vistare Management.

Vistare Management family wished her all the best for her better future and successful completion of higher studies in the UK. On her visit to Vistare Office one day prior to her departure to the UK, she was given warm wishes of achievement on her pursuit of higher degree education.



Sabina Rai Commences 5th Semester

A Bachelor's Degree in Information Management (BIM) student at the College of Applied Business and Technology, Sabina Rai, has begun attending her 5th semester classes following the completion of the 4th semester board examinations. Her college, located at Gangahity in Chabahil, is affiliated with Tribhuvan University, which conducted the 4th semester board exams in December 2025.

The BIM program is an eight-semester undergraduate course that integrates both Information Technology and Management subjects. It is designed to develop skilled and competent management professionals who are well-equipped with practical and theoretical knowledge of information technology. The course also emphasizes analytical, communication, and problem-solving skills essential for today's dynamic and technology-driven business environment.

Two Alumni Meet at Vistare Office

Vistare Alumni Sisam Chaudhary and Saraswati Bhujel paid separate visits to the Vistare Office in Dhumbarahi during the month of January while they were in Kathmandu. As both of them currently reside outside the valley in their respective native places, their visits to the office were special occasions to reconnect with the Vistare family. During their time at the office, they warmly interacted with the Vistare management and shared updates about their current lives, studies, and personal progress.

Both alumni also took time to reminisce about their experiences and memories from their stay at Vistare Home, expressing gratitude for the support and guidance they had received over the years. The visit was filled with meaningful conversations, encouragement, and an exchange of warm wishes.

Sisam Chaudhary was a beneficiary of Vistare Foundation Girls' Home from 2010 to 2019. After completing her stay at Vistare, she returned to Surkhet to live with her parents and continue her education. She is currently in the final year of her Bachelor's degree at a college affiliated to Tribhuvan University in Surkhet, and she remains committed to pursuing her academic and professional goals.



Similarly, Saraswati Bhujel stayed at Vistare Home from 2010 to 2023, benefiting from long-term care and educational support. After successfully completing her 10+2 education under Vistare's guidance, she returned to her native place, Solukhumbu, with her parents. At present, she is living with her family and exploring her future plans while staying connected to her roots and community.

Their visits reflected the enduring bond between Vistare and its alumni, highlighting the continued connection, support, and sense of belonging that extends beyond their years at the Home.



Pema Yangji Sherpa (VFGH release no. 39/2021)

The experience in my village before I got enrolled to Vistare Home is that there was no facility of proper education at my village. Lifestyle in my village was different. We had to do household chores while carrying on our study. As in Vistare home, we got plenty of time to study which was not same in the village. We didn't have much time for study there in the village.

Life at Vistare Home was comfortable as we were under guidance. We didn't need to worry much about the next day as we were provided with everything. We just had to focus on our education. Vistare Home had taught us to work in team. Currently, I am abroad and is also supporting my family at my village with some basic requirements. I have also learned to become responsible.

I am very grateful to Vistare Home. I will never forget the moments at Vistare Home. Thank you so much Rohini madam, and our Godfathers (Carlos uncle and Marcos uncle) for everything. I have no words to express how thankful I am towards Vistare Home.

**Swastika Gurung** (VFGH release no. 40/2022)

I would like to express my gratitude to the organization from the core of my heart for the immense opportunity and for making me who I am today. I am very much grateful to have got the opportunity to spend my childhood in Vistare and everything provided to me beyond imagination. As nothing remains the same forever, being a girl of VFGH is the best thing that has occurred in my life and now I am looking forward to my new journey and a way of life. I am thankful for the education provided, skills and activities taught to me here. This home has provided me with an immense opportunity to learn and get bold. No one is sure of what tomorrow brings. So, I am very excited and nervous at the same time for my new journey.

Though overcoming the obstacles might be much more difficult in my upcoming days, I will be more thankful for the new experience and try to tackle them. The memories of VFGH Vistare moments spent together will always remain fresh in my memories. I will also be in touch with all and will be available whenever the organization requires me.

Pema Lhamu Sherpa (VFGH release no. 41/2022)

I had always made plans in my mind never to go far from my home. So, the first day I came to Vistare, I was very nervous. But then, all the other girls were really sweet to me and in a few days, I felt as if I had been living here forever. I am glad that my father took such a good decision for me. Vistare has a beautiful and happy environment. I feel really lucky and glad to be a part of this wonderful family.

I want to thank my godfathers for making me feel myself like one of the luckiest girls in this world. I hope to make you all very proud of me someday. Thank you so much for all your love, care and support.

**Rejina Thapa Magar** (VFGH release no. 42/2022)

Recalling the days in my village, I was a girl with little knowledge and was an innocent girl. I was unaware about the world outside. I had not given much importance to education. Although I was a little girl, I was happy to know about the education that I was about to get.

While at Vistare, I learned a lot that helped me excel in the vast and sophisticated world. I was provided with good food, shelter and education. I was happy to be with all the sisters from different parts of the country. If I hadn't got the opportunity to study at Vistare home then I would have probably been in my village involving in household chores. Vistare home has made a huge difference in my life. It is one of the most important and huge opportunities in my life.

Gyalpo Losar 2026: Celebrating Culture and New Beginnings

Gyalpo Losar 2026 was joyfully celebrated, marking the Gurung community with the beginning of a new cycle with hope, positivity, and renewal. The occasion holds special cultural significance, symbolizing unity, prosperity, and fresh beginnings.

At Vistare, the celebration reflects our respect for cultural diversity and the vibrant traditions of the communities it serves. It is a time to honor heritage, strengthen bonds, and embrace values of harmony, gratitude, and togetherness.

May this Gyalpo Losar bring happiness, good health, and continued success to all the Vistarians.



Laxmi Bishwokarma Begins a New Journey

On 10th February 2026, Laxmi Bishwokarma married Mr. Dhan Kumar Ghimire, beginning a new chapter in her life. A proud alumna of the Vistare Foundation Girls' Home, she has always shown strength, leadership, and determination.

Her journey reflects resilience and growth, shaped by the care and opportunities she received. The Vistare family warmly congratulates her and wishes her a happy, harmonious, and prosperous married life.

"A new chapter begins—may it be written with love, guided by hope, and filled with happiness."

Photo to Admire : This is such a lovely and meaningful photo

You can feel the energy and happiness of the moment—five young girls standing together on a tennis court, smiling with confidence and pride. Their rackets in hand show not just a game, but the beginning of teamwork, friendship, and passion for sport.

The setting adds to the charm—the outdoor court, the simple surroundings, and the relaxed atmosphere make it feel very real and memorable. It captures a special time: September 2013, the very first group of Vistare girls playing tennis together.



What makes this photo truly beautiful is the unity and joy in their faces. It's not just about tennis—it's about growing up, supporting each other, and creating memories that last a lifetime.

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